

Part III: General Test-Taking Tips

Teaching Teachers and Parents Ways
to help our students become
TEST-WISE

1.) Before the Test

PLAN AHEAD: During class, always be thinking of what is going to be on an exam. What problems or notes will you need to study to do well?

PRACTICE REGULARLY: Develop a set of review questions (or problems) and answers to use for practice before the exam. Make copies of blank maps, charts, diagrams, etc. for practice. Keep one filled out (of each kind) correctly for feedback. For history dates, science definitions, language vocabulary, and other single answer information create flash cards and drill regularly.

STUDY ACTIVELY: Prepare by writing definitions, summaries, or outlines. This is more effective than simply reading over your notes. You learn more when you get actively engaged. Get a "study buddy" or make up games, anything that will help you learn is worth the extra effort.

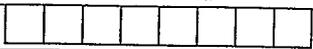
TEST YOURSELF: Practice for the test by testing yourself.

SLEEP: Get plenty of rest before a test.

EXAM DAY WARM-UP: Study the night before. In the morning, solve a few problems or answer a few questions for a quick review. Just like a warm-up, it helps your brain to get "in gear".

FOOD: The food you eat on test days should give you plenty of constant energy. Carbohydrates are easy to digest and give fairly steady energy. Eat carbohydrates like fruit, fruit juice, cereals, and bread. Limit heavy foods that may make you sleepy. These include meat and oily or fried foods. Be careful of coffee and other caffeine drinks since your natural nervousness will supply plenty of adrenaline to your system. Sugar also tends to rev you up, then let you down; use it in moderation.

- ◆ If a statement is true, do nothing. If the statement is false then cross out the part that makes it false. Rewrite the part that was crossed out to make the statement true.

DIRECTIONS: Fill in the blanks. Shade the model to show the value of the fraction.			
Fraction	Model	Meaning	Words
$\frac{5}{8}$		____ out of ____	Five-eighths
		2 out of 4	

Eugene has 18 sheep. Two-thirds of his sheep are white and the rest are brown.

- ◆ _____ of Eugene's sheep are brown.
- ◆ What fraction of Eugene's sheep are brown? _____