

StrengthsQuest™

Educator Resources

Gallup has created this resource center to support your efforts in building a strengths-based campus. The documents offered here are meant to provide additional information about programming and logistics.

Please note that not all of these documents present Gallup-generated material. The views and understandings presented in documents not generated by Gallup are expressly those of the individual authors.

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General Information

Resource	Author	Summary	Size	Download Now!
Announcing the 2007 Building a Strengths-Based Campus Conference	Gallup	Learn more about the annual Building a Strengths-Based Campus Conference.	272KB	
Navigating the StrengthsQuest Web Site	Gallup	Instructions to help students take the talent assessment and make the most of other resources on the site.	416KB	
StrengthsQuest Educator Seminar	Gallup	Learn more about this 1.5-day seminar, which prepares instructors, advisors, and counselors to use the StrengthsQuest program as part of an existing student development curriculum or as a stand-alone course on student achievement.	2140KB	
StrengthsQuest Guidebook	Dr. Larry Braskamp	An introduction to strengths-based development and StrengthsQuest for higher education leaders	1008KB	
Introduction to the New StrengthsQuest Web Site	Gallup	Find out what the new StrengthsQuest Web site has to offer.	396KB	
Theme Quick Reference Card	Gallup	A two page summary of the short definitions of Clifton StrengthsFinder Themes.	679KB	
Strengths Advocate	Gallup	Learn more about how the Strengths Advocate seminar can help the primary strengths contact on your campus become a strengths expert and spokesperson.	529KB	

Research and Articles

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Resource	Author	Summary	Size	Download Now!
Sports and Strengths	Joseph Dworak and Heather Pieper-Olson	Learn how strengths made a big impact on one Minnesota volleyball team.	484KB	
Technical Report on the Clifton StrengthsFinder With College Students	Laurie Schreiner, Ph.D.	Reports on the reliability, validity, and use of the Clifton StrengthsFinder instrument	378KB	
Introducing the Second Edition of StrengthsQuest	Laurie Schreiner	Describes the new features of the second edition of StrengthsQuest	4488KB	
StrengthsExplorer	Shelley Mika	An introduction to Gallup's new talent discover and development program for youth ages 10 to 14	1033KB	
Positive Psychology and Higher Education	Shane Lopez	Appeared in July 2006 StrengthsQuest Newsletter	804KB	
Major Developments in Positive Psychology	Shane Lopez	Appeared in June 2006 StrengthsQuest Newsletter	798KB	

Strengths Insight	Gallup	StrengthsQuest Newsletter	179KB	
Edward "Chip" Anderson, Ph.D.	Mark Pogue and Irene Burklund	–	1001KB	
Clifton StrengthsFinder Technical Report	Shane Lopez, Ph.D., Timothy D. Hodges, M.S., Jim Harter, Ph.D.	The Clifton StrengthsFinder Technical Report provides an overview of the research underpinning the development and validation of the Clifton StrengthsFinder. This is a valuable resource for researchers interested in in-depth statistical information about the Clifton StrengthsFinder.	340KB	
The Genius and Beauty of Strengths	Edward "Chip" Anderson, Ph.D.	The concept of genius refers to an extraordinary ability to do certain things, and as such there is great beauty in seeing what is done by the genius within individuals. Accordingly, what follows is the genius Dr. Anderson saw in each of the themes of talent identified by the Clifton StrengthsFinder Inventory. What is strengths-based development, and what scientific evidence underpins its practice? To answer these questions, this document explores decades of strengths research and theory. It also reviews strengths-based developmental interventions and the relationships between strengths-based development and employee engagement, hope, subjective well-being, and confidence. Directions for future research and application of strengths-based development are also proposed.	58KB	
Strengths-Based Development in Practice	Timothy D. Hodges, M.S. and Donald O. Clifton, Ph.D.	Strengths-based education involves a process of assessing, teaching, and designing experiential learning activities that help students identify their greatest talents. The goal is to assist students in developing and applying their talents in the learning process, in intellectual development, and in academic achievement so they can attain new levels of personal excellence.	195KB	
What is Strengths-Based Education?	Edward "Chip" Anderson, Ph.D.	This paper provides a brief overview of basic leadership principles and functions, then suggests how these functions can be performed using a strengths-based approach. It also provides suggestions on how students can develop their leadership abilities during the college experience.	156KB	
Developing Leadership in College	Edward "Chip" Anderson, Ph.D. and Donald O. Clifton, Ph.D.	What is the role of an advisor, and how is a strengths-based advisor different? This paper focuses on the importance of the advisor to a student and what defines a strengths-based advisor.	175KB	
Strengths-Based Advising	Edward "Chip" Anderson, Ph.D. and Laurie Schriener, Ph.D.		62KB	

Curriculum

Resource	Author	Summary	Size	Download Now!
StrengthsQuest Curriculum Outline and Learning Activities	Edward "Chip" Anderson, Ph.D.	This guide provides a 10-session curriculum that can be used in freshman orientation classes or other programs. It also includes instructor notes and activities that can be used with students participating in StrengthsQuest.	433KB	

Activities

Resource	Author	Summary	Size	Download Now!
Career Activities	Gallup	Quick activities to help students communicate their strengths in interviews, resumes, and conversations.	416KB	
Activities Set #1	Gallup	A compilation of various individual and group activities for use with students participating in StrengthsQuest.	155KB	

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